

Adolescent Intake/Assessment Name: _____

Child's Name: _____

What are your current concerns regarding your child?

- | | | | |
|--|---|--|--------------------------------------|
| <input type="checkbox"/> quick temper | <input type="checkbox"/> impulsive | <input type="checkbox"/> frequent illness | <input type="checkbox"/> stubborn |
| <input type="checkbox"/> eating/diet concerns | <input type="checkbox"/> irritable | <input type="checkbox"/> withdrawn | <input type="checkbox"/> fearful |
| <input type="checkbox"/> hitting/physical fighting | <input type="checkbox"/> peer conflict | <input type="checkbox"/> depressed | <input type="checkbox"/> rocking |
| <input type="checkbox"/> learning difficulties | <input type="checkbox"/> self-harming | <input type="checkbox"/> anger outbursts | <input type="checkbox"/> stealing |
| <input type="checkbox"/> odd behaviors | <input type="checkbox"/> strange thoughts | <input type="checkbox"/> sleep problems | <input type="checkbox"/> clumsy |
| <input type="checkbox"/> nightmares | <input type="checkbox"/> fire setting | <input type="checkbox"/> school problems | <input type="checkbox"/> destructive |
| <input type="checkbox"/> social circle concerns | <input type="checkbox"/> curfew violations | <input type="checkbox"/> sexual behaviors | <input type="checkbox"/> shy |
| <input type="checkbox"/> suicide talk/attempts | <input type="checkbox"/> anxiety | <input type="checkbox"/> unexplained fears | <input type="checkbox"/> defiant |
| <input type="checkbox"/> restless/can't sit still | <input type="checkbox"/> can't keep attention | <input type="checkbox"/> daydreams | <input type="checkbox"/> crying |

When did you first notice these concerns _____

If therapy can help with one thing, what do you hope it will be? _____

How long do you anticipate your child to be in therapy? _____

Have you or your child received mental health/counseling services before? _____

If yes, was it a positive or negative experience and why? _____

Has your child ever taken any medications for psychiatric or emotional concerns? yes no

If yes, please describe when, which medications, the condition, and the results: _____

Are there any current family stressors or situations that are affecting your family's functioning?

Does your child live with anyone else part of the time? _____

Describe your child's typical day: _____

What are your child's strengths/talents? _____

How well does your child respond to your attempts to soothe or comfort her/him when upset?

How well does your child fall asleep, stay asleep, or wake up in the morning? _____

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How does your child react to everyday experiences: bathing, hair washed, wearing new clothes, loud sounds/noisy situations, bright lights, etc.? _____

Child's Developmental History

Were there any complications/difficulties during the pregnancy, at the time of birth, or in the first year for the child or mother? _____

Was child planned ___ yes ___ No Typical pregnancy ___ yes ___ no

If not, what occurred? _____

Did mother use alcohol/drugs during pregnancy? ___ yes ___ no if yes, type _____

Length of labor: _____ hrs ___ easy ___ difficult Delivery: ___ vaginal ___ cesarean

Full term: ___ yes ___ no Apgar score: _____

If premature, how early _____ birth weight _____ height _____

Did the infant require: Oxygen ___ yes ___ no Blood transfusion: ___ yes ___ no X-ray: ___ yes ___ no

Developmental Milestones: Age at which child -

Sat up: _____ Crawled: _____ Toilet Trained: _____

Spoke first words: _____ Spoke Full Sentences: _____ Walked: _____

Child's Medical History

Does the child have any current medical concerns? _____

Any Allergies (medicine, food, environment)? _____

Any history of seizures? _____

Has your child experienced any head injuries? _____

Has your child ever been hospitalized? _____

Age/Length of time? _____

Any significant past medical conditions? _____

Is your child currently taking any medication? _____

How long/reason? _____

Social History

Who provides care for your child or is an important influence on your child? _____

Has your child lived outside of your home for any period of time? _____

if yes, please explain _____

Has your child ever experienced any situation where she/he has had multiple of inconsistent caregivers? _____

Has your child ever been exposed to, witnessed or heard violence between other people? _____

if yes, please explain _____

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Has your child been a victim of physical, sexual or emotional abuse or neglect? _____
if yes, please explain _____

Are there any concerns about your child's social interactions? _____ yes _____ no
If yes, please explain _____

Family History

Who is an important source of support for your family? _____

How does your culture influence you and your family? _____

Is there anything about your cultural background that you think would be helpful in understanding your family? _____

What type(s) of discipline strategies do you use with your child? _____

Who in the family does your child remind you of the most? _____

Has your child experienced a divorce or separation? _____ yes, child's age: _____ no
If yes, when and what were the circumstances _____

If yes, is there any continuing legal involvement? _____

Is there any history of mental illness in the family (including extended family)? _____
If yes, please explain _____

Is there any history of substance abuse in the family (including extended family)? _____
If yes, please explain _____

Is there any history of domestic abuse/violence in the family (including extended family)? _____
if yes, please explain _____

Has the child ever experienced any abuse (physical, emotional, or sexual)? _____ yes _____ no
If yes, please explain _____

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Do you have concerns about your child's relationship(s) with parents/caregivers? ____ yes ____ no

Please describe your child's relationship with each parent/caregiver: _____

Please describe your child's relationship(s) with each sibling: _____

Do you have any concerns about your child's sexuality or sexual activity? ____ yes ____ no

If yes, please explain _____

Substance Abuse/Legal History

Do you have any concerns about your child using substances (alcohol, tobacco, marijuana, cocaine, heroin, prescription pills, methamphetamines, etc.)? ____ yes ____ no

If yes, please explain _____

Do you have concerns about your child's involvement with illegal activities (stealing, curfew violations, breaking and entering, vandalism, truancy, etc.) ____ yes ____ no

Has your child ever been arrested? ____ yes ____ no

if yes, are there any legal proceedings occurring? ____ yes ____ no

Is probation currently involved? ____ yes ____ no

If you answered "yes" to any of the above 4 questions, please explain _____

Is there anything else you feel would be helpful for me to know about your child or family? _____

Name of Guardian: _____

Date: _____

Signature: _____

Relationship to child: _____